Informed Consent: RF Microneedling

Radiofrequency Microneedling / Morpheus8

Client name: _____ DOB: _____ Date: _____

ABOUT THE PROCEDURE

Radiofrequency (RF) microneedling combines fine sterile needles with RF energy delivered into the skin. The needles create controlled micro-injuries while RF heat is applied to the deeper dermis and, with some devices (such as Morpheus8), the subdermal layer, to stimulate collagen, strengthen the supportive tissue, and tighten and contour the skin. A session takes 30 to 60 minutes. Topical numbing cream (which may contain lidocaine and tetracaine) is applied.

Initials ___

REALISTIC EXPECTATIONS

Results vary. Tightening and texture improvement develop gradually over weeks to months as new collagen forms, typically over a series (commonly 1 to 3+ sessions, 3 to 6 weeks apart). RF microneedling does not stop aging and results are not permanent; maintenance may be needed. No specific result is guaranteed.

Initials ___

WHAT TO EXPECT AFTER

Skin is typically red and flushed like a moderate sunburn, with tightness and sensitivity. Mild swelling is normal with RF and usually settles within 24 to 72 hours. A faint grid pattern, micro-bruising, and a temporary sandpaper-like texture can occur, usually 2 to 7 days (occasionally 2 to 4 weeks).

Initials ___

RISKS & POSSIBLE SIDE EFFECTS

Not limited to: redness, swelling, bruising, dryness, pinpoint bleeding, temporary numbness; and less commonly **burns or blistering**, prolonged redness, **changes in skin pigmentation (hyper- or hypo-pigmentation) that may not fully fade**, scarring, infection, **nerve injury** (temporary or, rarely, longer-lasting altered sensation or movement), damage to deeper structures, cold-sore reactivation, and **allergic reaction to topical anesthetic**. Burns and pigmentation changes are more likely in deeper skin tones if aftercare is not followed.

Initials ___

Deeper (Fitzpatrick III to VI) skin tones: RF microneedling carries a higher risk of pigmentation change and requires conservative settings and, where appropriate, a test area. Discuss this with your provider.

CONTRAINDICATIONS: PLEASE DISCLOSE. TREATMENT MAY BE DECLINED IF ANY APPLY

- ☐ **Pacemaker, defibrillator, or any implanted electronic/electrical device**
- ☐ Metal implants or permanent metal in the treatment area
- ☐ Pregnant or nursing
- ☐ Cardiac abnormality, scleroderma, or collagen vascular disease
- ☐ Active acne, cold sores, or skin infection in the area
- ☐ Open wounds, broken or irritated skin
- ☐ History of keloid or hypertrophic scarring
- ☐ Eczema, psoriasis, or actinic (solar) keratosis in the area
- ☐ Autoimmune disorder or immunosuppressive therapy